



FACS Unit | Grades 6-12 | Lesson 1: Tastes of the World

Lesson Description

“Enjoy your meal!” Bon appétit (French)! Guten Appetit (German)! Kali órexi (Greek)! ¡Buen apetito (Spanish)! Dobrou chut’ (Czech)! Travel thousands of miles in the matter of minutes as you wander around the Frisco Barn and savor the flavors and smells of dishes from around the globe. Discover their origin, learn the lingo, and taste signature entrees from some of the world’s greatest culinary masterpieces. Grab a bib, pull up a chair and dig in!

Concepts

Origin of food
Food pronunciation

Objectives

Students will:

- Identify foods from around the world.
- Learn how to pronounce dishes from different countries.
- Discover the origin of certain foods and how countries have adopted and changed the original entrée.
- (Optional) Use the student meal ticket and order a dish from a different country. Then students will describe what they like and don’t like about the food.

Content Standards

National Standards in Family/Consumer Sciences

- **Standard 12:** Understand how knowledge and skills related to nutrition and food affect the well-being of individuals, families, and society.
 - Benchmark 3, Grades 9-12: Understands that family food choices are influenced by culture, traditions, and socioeconomic factors.
- **Standard 14:** Understand important concepts and skills related to careers in the food science, dietetics, and nutrition industries.
 - Benchmark 6, Grades 9-12: Understands differences in food preferences and food marketing in relation to cultural, religious, economic, social, and psychological factors.



FACS Unit | Grades 6-12 | Lesson 1: Tastes of the World

Time Required

Varies by student

Materials

- Student activity sheet off Silver Dollar City website
 - Writing utensil
 - (Optional) Student meal ticket
-

Procedures

1. Get student activity sheet from teacher.
 2. Pick up a park map as you enter Silver Dollar City.
 3. Head down to the Frisco Barn to complete the activity sheet.
 4. (Optional) Use the student meal ticket to purchase an entrée from a different country. Then use the supplementary worksheet to describe your food experience.
-

Closure

Review the key points of this lesson by discussing the following:

- What was your favorite dish that you learned how to pronounce?
 - Did you get to taste any of the entrees? What did you like? What did you dislike?
 - Is there one particular country whose food you tend to favor?
 - Name a food you saw today that you'd like to try.
-

Assessment/Independent Practice

Give an assignment or test of your choice.



Name/Date: _____

Tastes of the World

Grab a park map and head down to the Frisco Barn where cultural palettes are colliding! Using the signs from all the different booths, fill out the activity below. If you see something you just can't pass up, feel free to use your meal ticket or whip out your wallet and savor the flavors from around the world.

Best of the Wurst:

Match each "Wurst" to the appropriate country.

- | | |
|----------------|----------|
| 1. Frankfurter | German |
| 2. Bratwurst | English |
| 3. Bockwurst | Polish |
| 4. Banger | German |
| 5. Kielbasa | American |

Fill in the Blank:

6. Kolacky is claimed by both _____ and _____.
7. This meaty casserole with layers of eggplant and onion with a cheesy cream sauce is called _____.
8. This marinated seasoned steak served with a warm floured tortilla, Mexican rice and refried beans is called _____.
9. Fish and Chips originated from this country _____.
10. This dish contains a chicken breast rolled in Italian bread crumbs and Parmesan cheese and is served on a bed of skillet spaghetti and marinara sauce (two words)
_____.

International Desserts:

Using the word bank, choose a country that matches the appropriate dessert.

11. Apfel Dumplings with Cinnamon Ice Cream _____
12. Tiramisu Torte _____
13. Black Forest Cake _____
14. Éclair _____
15. Baklava _____
16. Baked Alaska _____

<u>Word Bank</u>
Norway
Germany (used twice)
Italy
Greece
France